



COLUMBUS WOMEN'S WELLNESS, LLC

POSTDOCTORAL FELLOWSHIP IN PROFESSIONAL PSYCHOLOGY

ABOUT COLUMBUS WOMEN'S WELLNESS, LLC

Founded in 2017, Columbus Women's Wellness (CWW) is a private practice mental health provider group that focuses on the distinct needs of adolescent girls and women. With over 27 providers, our services include individual, couples, group psychotherapy, and group programs. We offer an unwavering commitment to the unique selves of adolescent girls and women and apply a tailored, research-based treatment approach to address each individual. Although a women's behavioral health specialist group, CWW is an inclusive provider providing support to any person who seeks services. CWW provides in-person services at two locations (Gahanna & Powell) with a third location opening in May/June 2024 (Upper Arlington). Ohio clients also have the option to receive services via telehealth. CWW consults businesses, schools, and health and community agencies on topics related to women's and adolescent girls' mental health and wellness. CWW is proud to offer training and learning opportunities to undergraduate college students, LSW licensed clinicians and postdoctoral fellows progressing toward independent licensure with their respective Boards.

CWW MISSION STATEMENT

Columbus Women's Wellness is dedicated to providing women and adolescent girls with high quality mental health support that is specifically designed to address their unique needs in advancing their cognitive, biological, and socioemotional selves.

OBJECTIVE OF PROGRAM

CWW's Postdoctoral Fellowship in Professional Psychology is designed to cultivate psychologists' early career professional development, ethics knowledge base, and professional practice. Additionally, our Program is designed in accordance with the standards of training outlined by the American Psychological Association (APA) and Association of Psychology Postdoctoral and Internship Centers (APPIC). Finally, CWW's Program meets or exceeds the standard of postdoctoral training required by the State Board of Psychology in Ohio. The Program prepares Fellows for licensure in the State of Ohio.

TRAINING GOALS

The goal of the Program is to provide early career psychologists with specialized professional practice training to prepare them for becoming essential, integrated professionals in their communities. The Program includes three main training components: 1) psychotherapeutic interventions with women and adolescent girls; 2) professional ethics in private practice; and 3) professional proficiency in private practice business administration and operations. More specifically, CWW's Program offers:

1) **Psychotherapeutic Interventions**

Objective is for Fellows to gain sound knowledge, skills, and abilities in theoretical approaches and to deliver services confidently and competently through professional practice. With an emphasis on the clients CWW primarily serves, the following goals will be pursued:

- A. The Fellow will seek fluency in clinical assessment, diagnosis, and interventions with an understanding of cultural and individual diversity within a private practice setting.
- B. The Fellow will receive training in empirically validated psychotherapeutic interventions, including cognitive-behavioral therapy and interpersonal psychotherapy. Supplemental rotations may include training in acceptance commitment therapy and trauma-informed therapy.
- C. The Fellow will develop an understanding of clinical resources beyond private practice, including community services, and ability to decisively provide resources to clients.
- C. The Fellow will conduct individual psychotherapy with adults and adolescents.
- D. The Fellow will have an opportunity to co-facilitate/facilitate group psychotherapy and psychoeducation programs.

2) **Professional Ethics**

Objective is for Fellows to gain a solid understanding of and ability to decisively apply ethical practices in a professional setting by utilizing knowledge base, research, and resources.

- A. The Fellow will receive training in professional ethics through didactics and collaborative decision-making. Training includes understanding of legal issues, federal and state law, legal codes, and aspirational guidelines.

3) **Professional Proficiency**

Objective is for Fellows to gain a solid understanding of the role that professional practice plays in communities as well as understanding of business administration and operations of private practice. Additionally, the Fellow will be able to navigate self in professional psychology practice regarding career path development and licensure.

- A. The Fellow will receive training and support on professional development that includes didactics on Examination for Professional Practice in Psychology (EPPP), navigating licensure, malpractice insurance, applying clinical innovations, and telebehavioral health.
- B. The Fellow will develop a solid understanding of private practice business models, private practice human resources, company culture development, marketing, operational procedures of private practice, risk management, professional resources, and legal considerations.

SUPERVISION

The Fellow will receive a minimum of 2 hours of individual supervision per week with the Fellow's designated supervisor (licensed Psychologist) and an additional 1-2 hours with the Fellow's designated supervisor (licensed Psychologist) and/or with other CWW licensed providers.

Fellows will receive a mid-year evaluation that will serve as collaborative feedback process to set additional goals, identify areas of needed focus, strengths, and professional development needs. Fellows will receive an end-of-program evaluation for submission to Board.

POST-DOCTORAL FELLOW IN PSYCHOLOGY POSITION

Compensation:	\$40,000 annually Salary paid bi-monthly
Training Stipend:	Up to \$1,000
Benefits:	104 hours of Paid Time Off (PTO) 100% Health Benefits premium paid by CWW (medical, dental, and vision benefit premiums for individual Fellow; Family benefits available for coverage at cost to Fellow) 9 Paid Holidays Thanksgiving Friday after Thanksgiving Christmas Eve Christmas Day New Year's Eve New Year's Day Memorial Day Fourth of July Labor Day

Projected Fellowship Weekly Hours Distribution:

Clinical (face-to-face client services) *	25 -28
Supervision	2-4
Didactics/Other Training	2-5
Clinical Record Keeping	6 -8
Total	35-40 hours

APPLICATION PROCEDURES

Applicants must be graduates from APA- or CPA-Accredited Counseling, School, or Clinical Psychology Ph.D. or Psy.D. training programs. Applicants must have completed an APA or APPIC Approved predoctoral internship. Applicants must complete all doctoral degree requirements by 8/16/2024, including dissertation. U.S. citizenship is a requirement for the fellowship.

CWW will begin accepting applications for the 2024-2025 year on January 02, 2024. The deadline for applications is June 28, 2024. Candidates will be notified of an offer to interview no later than July 1, 2024. Most qualified candidates will have an opportunity to meet with the Program within a month of submitting their application. In-person interviews are preferred. However, for extenuating circumstances, interviews may be conducted virtually.

The Fellowship begins Friday, August 30, 2024 and ends August 29, 2025. CWW requests the Fellow be available virtually, via email, and phone beginning August 12, 2024 to begin the on-boarding process.

Applications accepted & reviewed-	1/02/2024 - 6/28/2024
Interviews will be conducted -	2/2/2024 - 8/2/2024
Interview offered no later than-	7/1/2024
All degree requirements must be fulfilled by-	8/16/2024
Fellowship appointment offers no later than-	8/5/2024

To apply, please submit the following materials via **ONE (1)** PDF file to drjones@columbuswomenswellness.com with the subject line reading *Postdoctoral Fellowship*:

1. A statement of interest. Please detail your interest in Columbus Women’s Wellness’s Postdoctoral Fellowship in Professional Psychology Program, including how your participation in the will help promote your professional goals.
2. A detailed curriculum vitae.
3. Unofficial academic transcript of graduate work.
4. A sample of work. This may include, but is not limited to, a diagnostic assessment, case summary and conceptualization, published book chapter, integrated report, peer-reviewed article, dissertation chapter. *Please ensure any identifying information is removed from clinical samples.*
5. Letter from Department Chair, Committee Chair, or advisor confirming requirements for degree will be completed by August 16, 2024.

*The following may be submitted separately if needed:

6. Three letters of recommendation. Include one from a faculty member familiar with your academic work and at least one from a primary clinical supervisor during your predoctoral internship. These letters of recommendation may be forwarded via mail or email to:

Columbus Women’s Wellness
Attn: Jennifer R. Jones, Psy.D.
Director, Postdoctoral Fellowship Program
4625 Morse Rd., Ste 200
Gahanna, OH 43230-8355

or drjones@columbuswomenswellness.com



CWW COMPANY CULTURE MANIFESTO

Columbus Women's Wellness, LLC company culture is anchored by *collaboration, respect, and individual value* in all those who are a part of CWW.

- CWW strives to promote respect and fairness among all employees. Each CWW employee is valued and respected for the role they hold as integral to further CWW's mission.
- CWW is committed to overcome implicit biases toward race and ethnicity in practice invitations to potential providers and employment offers to staff to expand and maintain a diverse, representative provider and staff pool for those CWW serves.
- CWW is proud to be an equal opportunity workplace. All qualified applicants will receive consideration for employment without regard to and will not be discriminated against based on age, race, gender, color, religion, national origin, sexual orientation, gender identity, veteran status, disability, or any other human experience category.
- CWW strives to promote trust and integrity between and among employees, clinical providers, and the community.
- CWW encourages new ideas to be voiced. New ideas are valued. Change and adaptability are an integral part of CWW's success.
- CWW encourages teamwork among employees and clinical providers.
- CWW expects employees and clinical provider to take responsibility and accountability for accomplishments and defeats. We celebrate success and problem-solve mistakes.
- CWW supports new learning opportunities for employees and clinical providers as a pathway to support individual professional development and the overall mission and objective of CWW.
- CWW has a clear purpose in our community and larger culture. To provide specialized mental health services to women and adolescent girls in an empowering, supportive, non-judgmental environment. Each employee and clinical provider are stewards of CWW's purpose.

Michael R. Lute, Psy.D.
Clinical Psychologist
Postdoctoral Fellow Clinical Supervisor

Dr. Michael Lute is a licensed Clinical Psychologist with 16 years of clinical experience providing individual, group, and couple's therapy. Dr. Lute emphasizes that therapy is a collaboration in which the client comes equipped with their goals, passions, struggles, interests, and history, and the therapist brings clinical experience and expertise in psychotherapy and intervention. Together, the client and therapist work to establish a trusting relationship, and each contributes to work aimed at achieving the client's goals. Dr. Lute's clinical work is client-centered, relational, and integrative, incorporating evidence-based treatments including Psychodynamic, Humanistic, Cognitive-Behavioral (CBT), Acceptance and Commitment Therapy (ACT), and Mindfulness-Based Interventions.

Dr. Lute comes to CWW after working for a number of years at Ohio State's Counseling and Consultation Service. Prior to his work with OSU, he completed a Post-Doctoral fellowship at the University of Michigan and his Doctoral Internship at Penn State University. He received his Doctorate in Clinical Psychology (Psy.D.) from Indiana University of Pennsylvania and received Masters degrees (MA) in Clinical Psychology from both Eastern Michigan University and Indiana University of Pennsylvania.

Dr. Lute identifies as a strong generalist, meaning he is equipped for supporting clients with a wide range of goals and treating a wide variety of diagnoses. His areas of specialization include relationships and relationship distress, family-of-origin concerns, couples therapy, trauma, grief and loss, mood and anxiety disorders, life transitions and adjustment, identity development, multicultural issues, and general emotional processing work.

Dr. Lute genuinely enjoys and values supervising and considers it a privilege to serve in the role of clinical supervisor. In addition to providing individual and group supervision to post-doctoral fellows, predoctoral interns, and practicum students, he has also co-facilitated groups and led case conferences in multidisciplinary training programs that included trainees in clinical and counseling psychology, counseling, and social work training programs. Dr. Lute utilizes a Developmental Model to collaboratively assist supervisees in identifying goals and growth edges.

Clinical Interests/Focus: Adult Behavioral Health, Relationships/Relationship Distress, Interpersonal Concerns, Family-of-Origin Concerns, Couples Therapy, Trauma, Grief and Loss, Mood & Anxiety Disorders, Life Transitions/Adjustment, Identity Development, LGBTQI+, Multicultural Issues

Latisha Fowler, Ph.D.
Clinical Psychologist
Postdoctoral Fellow Clinical Supervisor

Dr. Latisha Fowler is a licensed Clinical Psychologist who provides services to women from across the lifespan with a broad range of clinical needs. Dr. Fowler's training as a generalist allows her to offer extensive experiences working with those seeking support for anxiety, depression, trauma, life transitions, and interpersonal distress. Additionally, Dr. Fowler provides evidence-based couples and family therapy. Dr. Fowler utilizes a strength-based approach that emphasizes empathy, unconditional positive regard, and recognizing the inherent uniqueness and potential in every person. Her application of empirically and evidenced-based approaches such as Cognitive-Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Interpersonal Psychotherapy (IPT), and mindfulness-based approaches, allows her clients to feel real change and movement toward their treatment goals.

Dr. Fowler earned her Bachelor's degree (BA) in Psychology from Ohio University. She completed both her Master's (MA) and Doctorate in Clinical Psychology (Ph.D.) from Walden University in Minneapolis, Minnesota. Dr. Fowler's clinical training has spanned a variety of settings including state/community agencies, and medical and outpatient clinics. Dr. Fowler completed her postdoctoral fellowship in community mental health where she remained professionally thereafter developing community programs, providing psychotherapeutic services, and providing supervision to psychology interns/postdoctoral fellows. Additionally, Dr. Fowler has a significant clinical background in working with older adults in both assessment, care-planning, and clinical roles and is a member of the Ohio Psychological Association.

Dr. Fowler's supervision style helps support professional identity development, challenging self professionally, and applying empirically validated therapeutic approaches in a way that promotes genuineness and authenticity with a client.

Clinical Interests/Focus: Women's Behavioral Health, Young and Adult Women, Mood and Anxiety Disorders, Interpersonal Relationship Difficulties, Life Adjustment/Transitions, Geriatric Behavioral Health, and Couple's and Marital Counseling

Jennifer R. Jones, Psy.D.

Professional Development Supervisor

Director, Postdoctoral Fellowship in Professional Psychology Program

Clinical Psychologist

Dr. Jennifer R. Jones is a licensed Clinical Psychologist and founder and President of Columbus Women's Wellness, LLC. Her clinical specialty, women's and adolescent girls' behavioral health is grounded in academic research in how gender impacts experiences. Specifically, evaluating gender differences in aggression, self-descriptors, mood, and anxiety. She has been providing clinical services for over 20 years.

Dr. Jones graduated from The Ohio State University with a Bachelor's degree (BA) in Psychology. She completed her Master's degree (MA) in Psychology at the American University in Washington D.C. then received her Doctorate in Clinical Psychology (Psy.D.) from the American School of Professional Psychology (ASPP) in Arlington, VA. Prior to founding CWW, Dr. Jones provided clinical services in a variety of settings including community, private, and in-patient facilities. She holds a specialized training certificate in Perinatal Mood and Anxiety Disorders from Postpartum Support International, is a professional member of the Ohio Psychological Association, Postpartum Support International, and the International Association of Premenstrual Disorders.

Dr. Jones serves as Director of the CWW Postdoctoral Fellowship in Professional Psychology Program. In addition to serving as a clinical supervisor, Dr. Jones serves as the professional development supervisor offering weekly didactics to fellows in private practice career development, business models, business planning, marketing, branding, culture development, operational procedures of private practice, risk & financial management, professional resources, and legal considerations.

Clinical Interests/Focus: Women's Behavioral Health, Perinatal Mental Health, PMDD, Teen Girls' Behavioral Health, Clinical Supervision, Business & Organizational Development

ABOUT COLUMBUS, OHIO

Columbus, known as a “city of neighborhoods”, and its surrounding suburbs have enjoyed national rankings as “best places” for years. Central Ohio area boasts a diverse culture that is represented in its resident population, theater, festivals, music, sports, higher learning, shopping, parks, and restaurants. The many enclaves and neighborhoods of the City of Columbus offer residents a rich history of the city, unique architecture, excellent restaurants, and community activities that keep residents connected. Central Ohio’s suburbs offer a variety of living styles. From the quaint to the modern and innovative, the surrounding suburbs offer affordable living for everyone. Columbus is home to many colleges and universities including The Ohio State University, which is the 3rd largest university in the country. Ranked as the 17th best public university in the nation, OSU and the OSU Wexner Medical Center employs almost 40,000 people.



The Columbus area features wide variety of major industries including manufacturing, consulting, finance, distribution, education, and fashion.

Columbus residents enjoy easy driving access to other major cities such as Cincinnati (1.5 hrs), Cleveland (2.5 hrs), Detroit (3.5 hrs), Chicago (6 hrs), Washington D.C. (6 hrs), Nashville, (6 hrs), Philadelphia (7.5 hrs) and New York City (8 hrs).



Gahanna Practice



Powell Practice

Opening May/June 2024

Upper Arlington Practice